

## Condition: Granuloma Annulare

### I. Definition:

Granuloma annulare is a harmless rash that forms rings on the surface of the skin. Granuloma annulare usually does not itch, and may otherwise go unnoticed.

### II. Cause:

- Granuloma Annulare is rarely associated with diabetes
- Granuloma annulare is most common in children and young adults, the reason is unknown

### III. Treatment:

- Treatment of Granuloma Annulare is difficult and, except for cosmetic aspect, is usually unnecessary
- Sometimes Granuloma annulare responds to Topical Cortisone Preparations.
- Cortisone injections can also be used to treat Granuloma Annulare. These are more effective than cortisone creams.
- The natural course of Granuloma Annulare is to eventually disappear on its own after several years in most patients.

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