

Sclerotherapy Post Op Care Sheet

After the treatment each injection site will be bandaged with small pressure dressings. These dressing should stay on until the morning after the procedure is done. We instruct our patients to “compress” the treated vessels by wearing support hose (over the counter strength 5-20mmHG) for 1 week after the treatment, however these do not need to be worn while you are sleeping. This may help to seal the treated vessels, keep the blood from collecting under the skin, and reduce the development of dark spots. It also may reduce the number of treatments necessary and the possibility of recurrence of the vessels. Between treatments, the use of compression or support hose is recommended. After the treatment it is not recommended that you do any vigorous aerobic exercised for at least 3 days (1 week is optimal). Swimming, Yoga, Pilates, and walking are ok to do the day following your treatment. You should have no sun exposure until bruising after the treatment has healed to reduce the risk of brown spots forming at the injection sites. Please feel free to call our office with any further questions or concerns following your procedure.

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Hours:
Monday:
12:00 pm - 7:00 pm
Tuesday - Friday:
8:00 am - 5:00 pm