

EMLA Cream

Definition: EMLA Cream is a topical anesthetic. In other words, it is a cream that numbs the skin and decreases the sensation of pain.

Reasons For Use: To Lessen the discomfort from medical procedures.

How To Use:

- EMLA Cream must be applied two hours before the procedure to the area that the Doctor plans to treat
- Before applying EMLA Cream, wash the skin in the area that the Doctor plans to treat with warm soapy water and a wash cloth. Rub the skin gently for a few minutes with the wash cloth to remove all the dirt and oil from the skin.
- The cream should be applied very thick (about ¼ inch thick) to the site of the procedure. You also need to apply the cream to the skin ½ inch past the area to be treated.
- Cover the area with saran-wrap being careful not to press on the cream in order for it to remain thick.
- Secure the edges of saran-wrap with medical tape to avoid leakage.

Treatment Results: The skin will remain numb for at least one hour after the removal of the saran-wrap.

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Hours:
Monday:
12:00 pm - 7:00 pm
Tuesday - Friday:
8:00 am - 5:00 pm